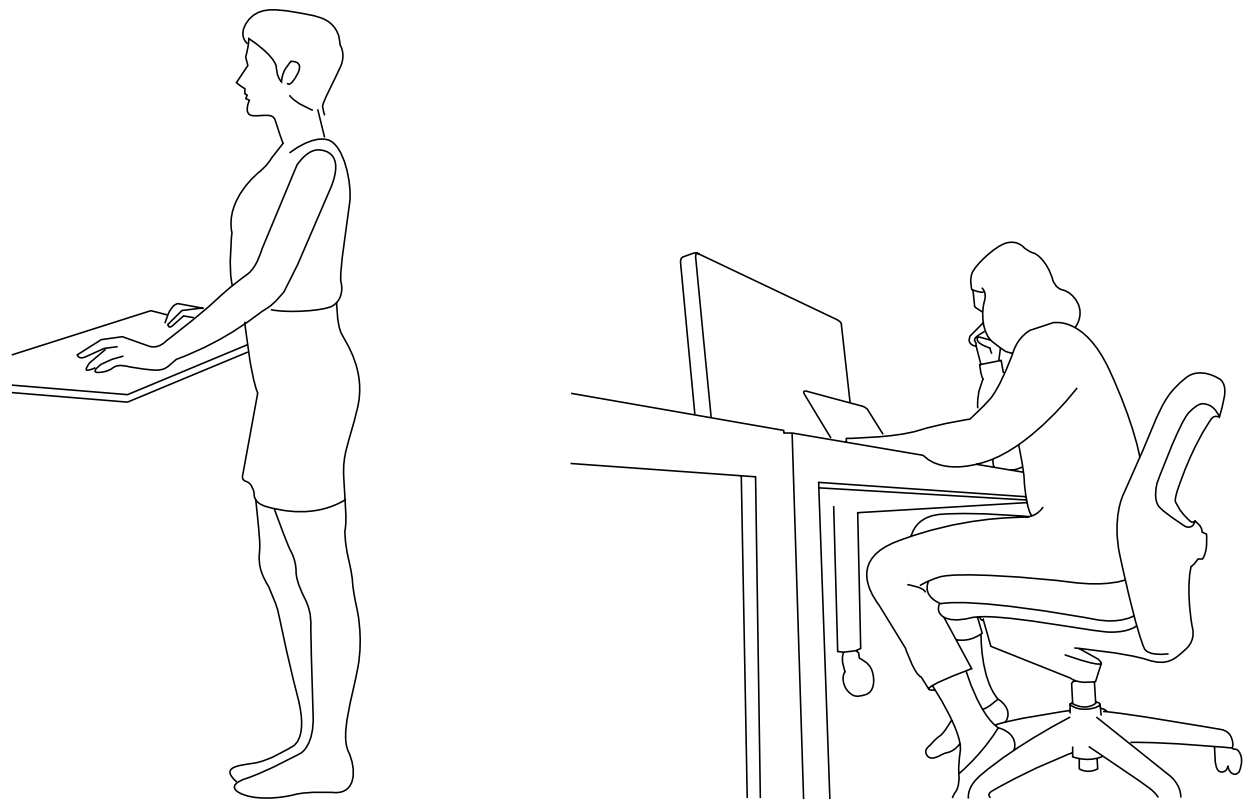


mobi

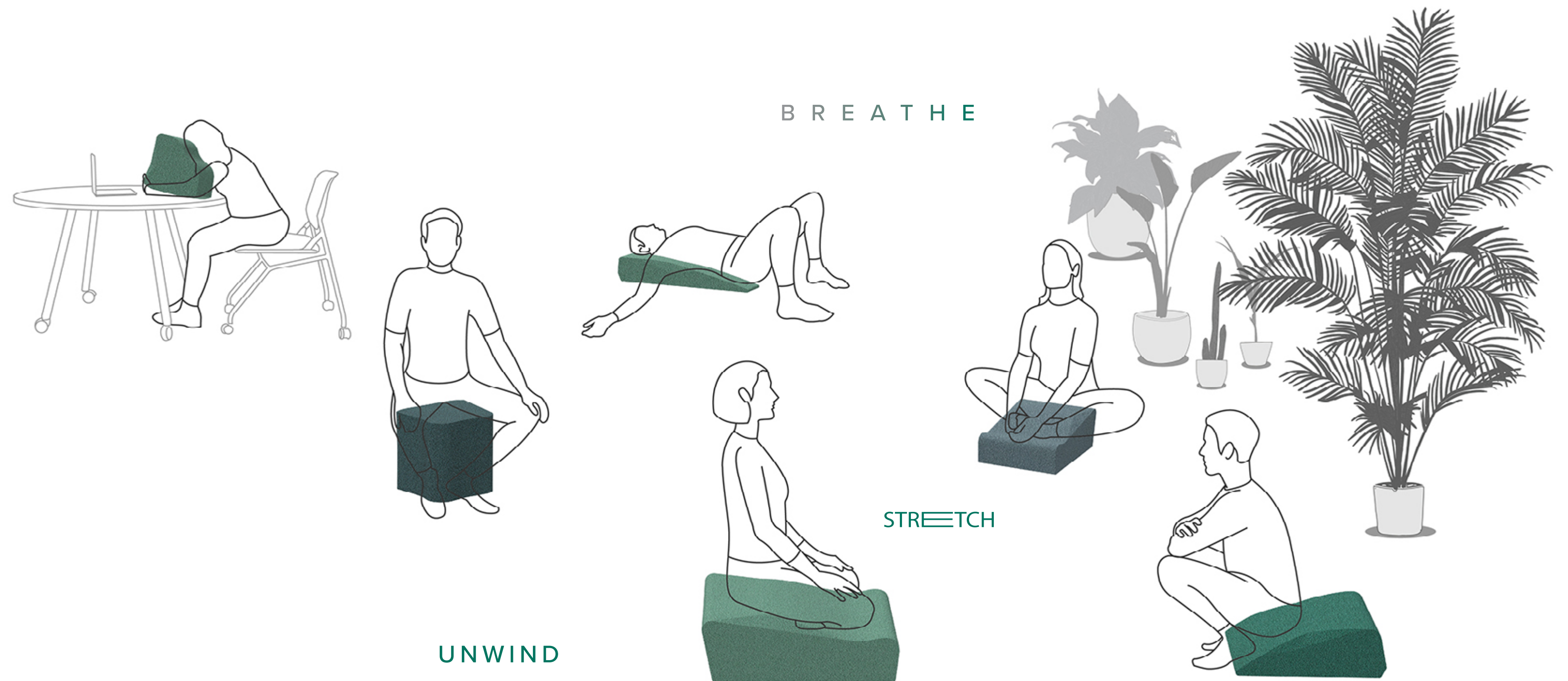
MIND · BODY · MOVEMENT

Mobi is a family of active furnishings that aims to provide office workers, the opportunity to unwind and stretch both, body and mind.



**With a third of our lives spent at work,
the office becomes a key avenue for health
promotion.**

Designed to support
simple yoga postures,
mobi helps remedy
the harmful effects
of prolonged sitting.
The modules can be
used individually or
combined depending
on the preference of the
user. This makes for an
engaging experience
where users are aware of
their posture.



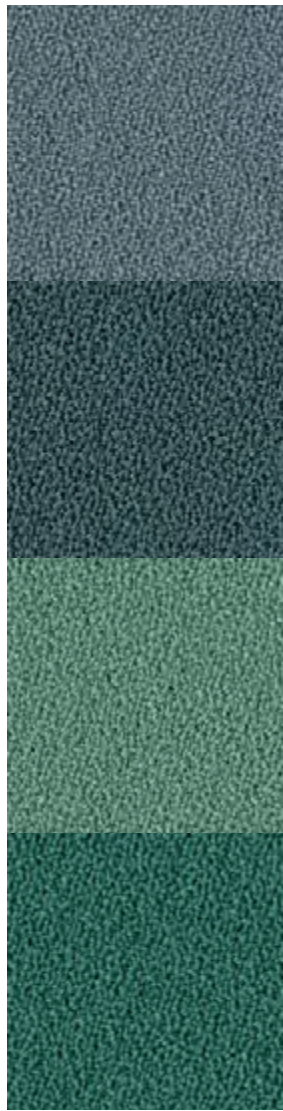
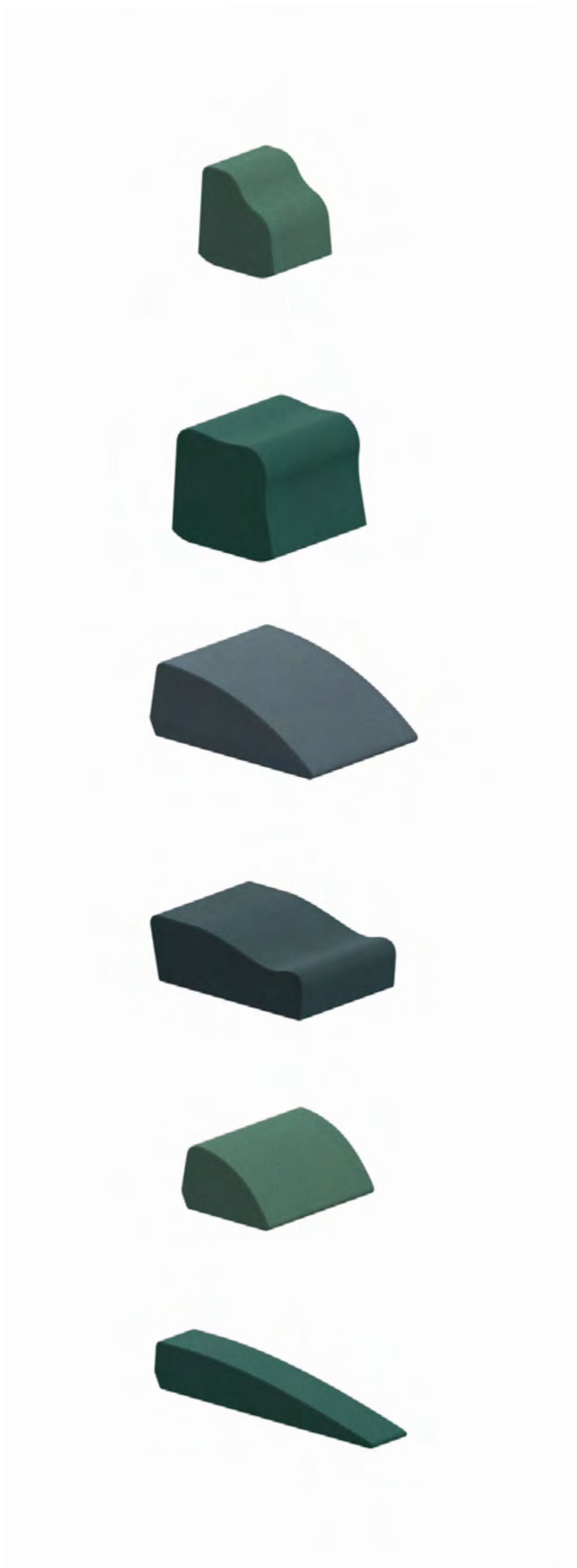
On the inside, a combination of semi rigid and rigid polyurethane foam ensures that the modules conform to different postures.

Semi rigid

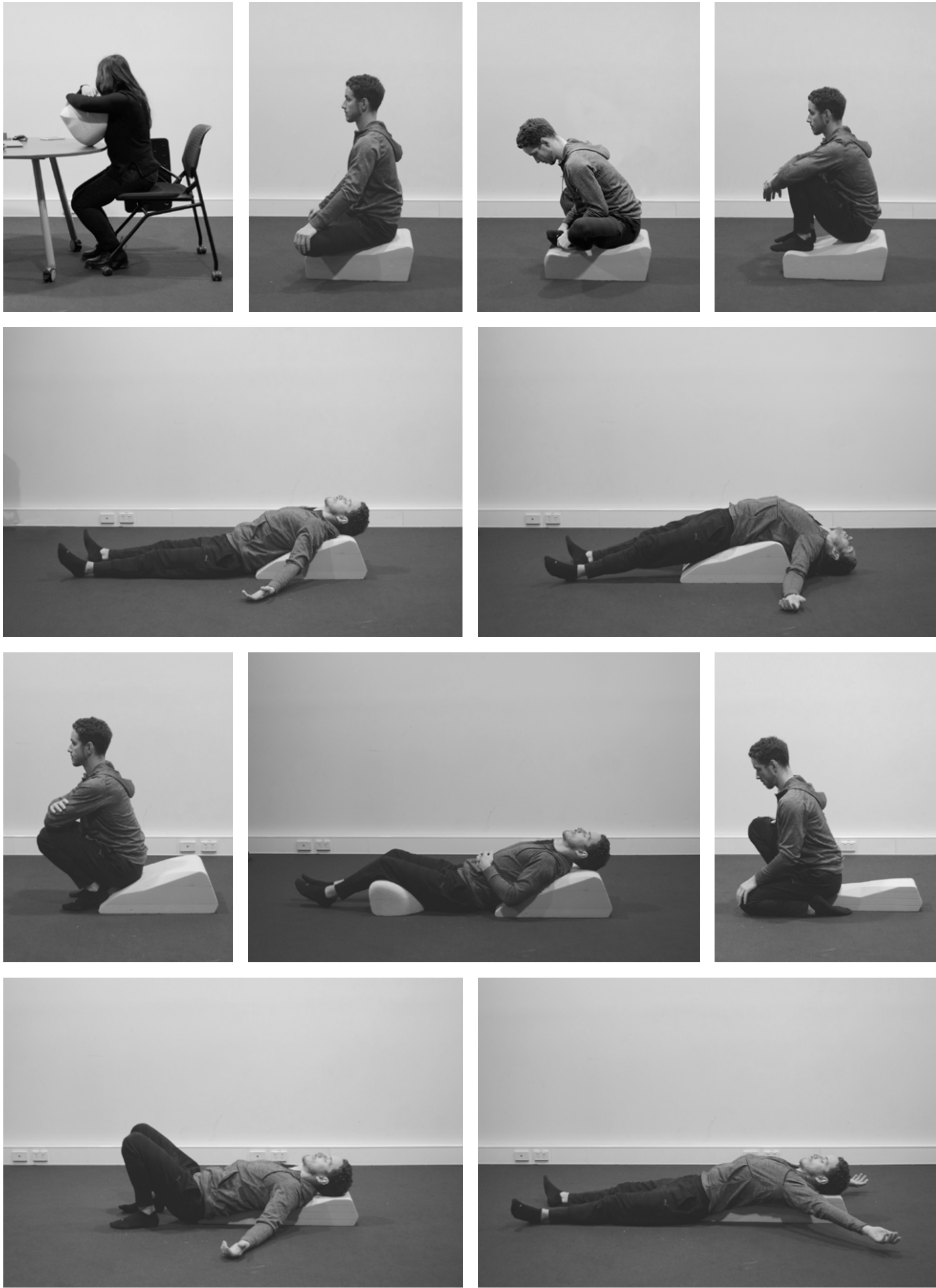


Rigid

Together, the different modules can be used to practice mindfulness, relax strained muscles, or strengthen the ones that go unused due to prolonged sitting.



On the outside, the furniture is upholstered with hypoallergenic woolen fabric.





Exploratory Project 3: Concept for a Work Village | Imagining environments that are green, promote physical movement and a sense of community.

The concept for Mobi was arrived at after looking at wellbeing through the lens of posture and embodied cognition, as well as the phenomenon of co-working, and its influence on spatial design vis-a-vis healthy work environments.

Mobi can be utilized in wellbeing rooms or other relaxed communal spaces within offices.

